

# Crunchy Fruit Layer Recipe

50g bran flakes  
50g yoghurt  
1 digestive biscuit

*Makes 1*

Put 1 spoonful of bran flakes into a glass.  
Put 1 spoonful of yoghurt on top.  
Alternate layers of bran flakes and yoghurt to top of glass.  
Garnish with crushed digestive biscuit.  
Add berries throughout if desired.